

ENGAGE Student Talents (EST):

This August, some international schools in the capital Accra will enjoy holistic Field Hockey activity as part of Ball and Stick's Grow the Game project, which is in support to the International Hockey Federation (FIH) vision of increasing hockey participation and followings.

Students will be privileged to be trained in all aspects of the game from Officiating, Playing and Managing depending on their preferences. The flexibility and dynamic feature of ENGAGE ST is intended to offer convenience to students in pursuing their interests as far as hockey is concerned.

Mentoring sessions will assure students that, they can play hockey for fun, to exercise, to represent their school, represent their country in international competitions and still achieve their dreams of becoming whoever they want to be in the future without Hockey being a hindrance to that.

Sports in general has enormous health benefits including; the prevention of chronic diseases such as cardiovascular disease, diabetes, cancer, hypertension, obesity, depression, osteoporosis and many others. Sports also helps improves mental health and builds strong leadership qualities in people.

The objective is to make Field Hockey a prominent and highly competitive sport in the International Schools Sports Association Games (ISSAG). The program will be extended to international schools across the country and public schools shall be included in due course.



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